Food Pg15

Hot ideas for spending potato's golden year

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Celebrity Pg18

John Mayer moving in with Jen Aniston: Report

Baby **It's raining**

ETIENNE RANGER/FOR METRO OTTAWA

Baby Gaius seems to sum up what many Ottawans are feeling this month as his father Ian McEachern carries him beneath an umbrella through rainy ByWard Market streets yesterday. Though not a record breaker, the traditionally sunny month of July has been a wet one and has put a damper on outdoor business. **Story, page 4.**

Arrest in deaths

Man nabbed in same building where 2 victims found

TRACEY TONG
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A "person of interest" in the deaths of two women has been arrested at the same Gatineau apartment building where their bodies were found.

Around noon yesterday, the Gatineau police SWAT team broke down the door of an apartment unit at 267 de Malartic St. — the same building where Johan Ayotte, 53, and Diane Johanette, 64, were found dead last Wednesday and Thursday — and arrested a male resident.

The man's name is not being released. Const. Isabelle Poirier could not comment on whether the man knew the two deceased women.

Poirier said the man was being arrested in relation to an assault at a Gatineau hospital on July 16 and for breach of the conditions of his release. But she added, "this man is considered a person of interest in the (deaths) case," though she would not elaborate on the possible connection.

Investigators met with the man yesterday afternoon, said Poirier.

The deceased women, who were close friends, were found dead in separate apartments within a 24-hour span last week.

Police had been at the building last night, searching woods near the complex.

Autopsy

- Autopsy results for the two women returned earlier this week shows that they died in the same way, though police are not releasing the cause of death.

New list hangs up on telemarketers

REGISTRY Canadians will be able to register on a do-not-call list to screen out telemarketers starting Sept. 30.

The date announced yesterday by the Canadian Radio-television and Telecommunications Commission is 2 1/2 years after the commission started its formal process to set up the registry, and five years after do-not-call legislation took effect in the United States.

The CRTC's arrangement will enable Canadians who do not want to be contacted by telemarketers to register their numbers at no charge.

Telemarketer will have 31 days to update their lists. And unsolicited calls will still be allowed from charities, political parties, pollsters, newspapers seeking subscriptions and companies with which customers have existing relationships.

To put numbers on the list, Canadians will be able to log on to www.LNNTE-DNCL.gc.ca as of Sept. 30, or call 1-866-580-3625. For the hearing impaired, the toll-free number will be 1-888-362-5889. TORSTAR NEWS SERVICE

Gun seized in Greely home

CHARGES Three Ottawa residents face a battery of firearms-related charges after cops found a loaded handgun in a Greely residence on Tuesday.

Police discovered a 32-calibre, long-barrel handgun after searching a Greely home, said Sgt. Anthony Costantini, with the city's Guns and Gangs unit.

Police charged two men and a woman with multiple gun-related criminal offences, including possession of loaded regulated firearm, possession of a firearm obtained by crime.

Leo Fashola, 28, and Marie-Eve Corriveau, 31, appeared in show cause court yesterday. Shane Brown, 27, appears in show cause court today.

TRACEY TONG/METRO OTTAWA

Canada page 5

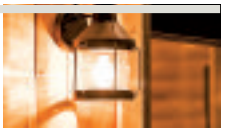
Feds lease 8 choppers

Tech Now page 13

Web legends hunted down

Homes page 14

Get skeeters to bug off



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SPARKSSTYLE

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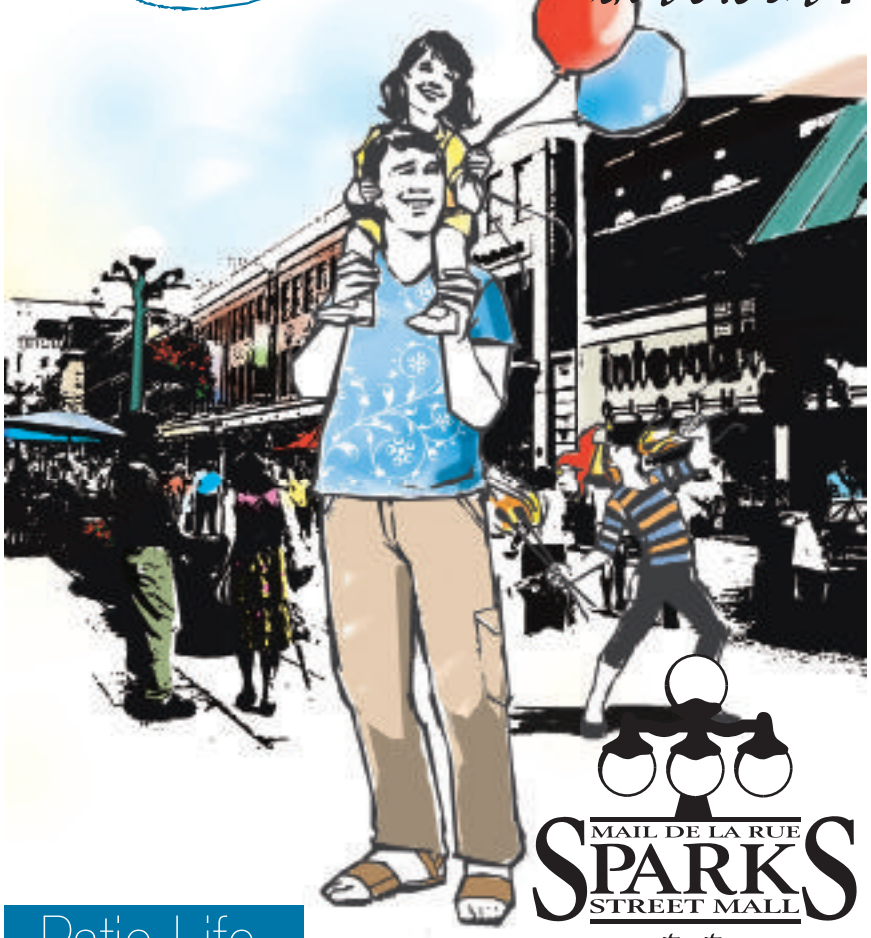

MAIL DE LA RUE SPARKS STREET MALL

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Dance & Concert Series

Come strut your stuff on Sparks in July & August

Sparks Street's outdoor dance and concert series continues this summer every Friday and Saturday night. Dance nights begin July 25th and run each Friday & Saturday night from 7:30 p.m -10:30 p.m. throughout the months of July and August.

Friday nights 'Baby Boomers' can relive the sounds and styles of the 1950s, 60' & '70s. Saturday nights it's back to the 1940s. Come listen, dance, compete and celebrate under the stars on Sparks Street.

On Sparks this month

Big top talent takes to the street July 31 - August 4 for Buskerfestival.

The 2008 Ottawa International Buskerfestival is coming to Sparks Street! If your looking for fun family entertainment this summer, look no further than Sparks Street Mall in July and August. Come enjoy the spectacle as performers from around the world take their Big Top talent to Sparks Street. Enjoy quick wit, slapstick, dance, comedy, juggling, amazing stunts, and musical acts. The 2008 Buskerfestival has it all, including FREE ADMISSION, just bring along a little change to show your appreciation. Shows start daily at 11 a.m., with the last show of the day starting at 9p.m. Don't miss the flaming hot Fire Show August 1st at 9:30 p.m. and the Grand Finale August 4th at 6 p.m. See you on Sparks.

Patio Life

The season is in full swing on Sparks, Ottawa's patio playground.

Sunny, shady, big or small, if you are on the hunt for a great patio Sparks Street is the place to do it in style. With over a dozen patios and a host of other bars, restaurants, and cafés adorning the street, it is no wonder that Sparks Street is reclaiming its rightful place as Ottawa's patio playground. Come give Sparks traffic-free patio life a try. Here are just a few patios we recommend visiting.

Parliament Pub | L'Ange Cafe | 73 North | D'Arcy McGee's | Carmellos | Carulli's Centretown Tavern | Ashtar Restaurant | The Cock & Lion | Palermo Café | Yesterdays Brixton's British Pub | Jazz'oo Bar & Lounge | Vie Bella Market & Deli | Sushi Shop

COME ONE, COME ALL!

STARTS TODAY!!!

Visit us online for a complete list of performers: www.sparksstreetmall.com

BUSKERFEST 2008

Sparks Street – Ottawa

Three face charges after drug investigation at youth centre
Two Gatineau men and a teenager face several drug-related charges following a recent police investigation at a youth centre. On July 9, Gatineau police's specialized crime section conducted an anti-drug operation at the Relais des Jeunes, where investigators seized 160 grams of marijuana and various pieces of equipment. TRACEY TONG/METRO OTTAWA

Ottawa

Bypassing blocked rails

Via passengers that were heading to Ottawa by train yesterday ended up arriving by bus instead after a derailment near Kingston, south of the city. A seven-car CN freight train left the tracks at 3:30 a.m., blocking rails in both directions. METRO OTTAWA

Streetside syringes seem to be in decline

New collection measures in place, but police also credited

TIM WIECLAWSKI
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Ottawa's dirty needle problem is showing signs of improvement, according to a Lowertown resident who collected over 1,000 discarded syringes off city streets last summer.

Safer Ottawa co-founder Chris Grinham said he's finding far fewer used drug needles lying out in the open this summer compared to last year.

"There were some areas in Lowertown last year where I could pull 20 or 30 needles on bad days. I have found no such place this year," he said.

Responding to community criticism about the Needle Exchange Program, the Public Health Department committed to increasing needle collection efforts in June. Summer students were hired to collect needles, more public drop boxes were installed and the hours of the needle hunter program were expanded. Public health is also tracking hotspots and mapping areas for collection.

TIM WIECLAWSKI/METRO OTTAWA

A needle hunter working for the city's Public Health Department picks up a discarded needle in Lowertown yesterday.

While cleaner streets may, in part, be the early fruits of those changes, Grinham said he began noticing a change even before the new, enhanced measures were in place. He gives credit to Ottawa Police's Street Crime Unit for the significant drop.

"The sheer amount of arrests of drug dealers that the Ottawa police have made is having a major impact to the point that we've actually heard through the grapevine that there is a shortage of crack cocaine now," he said.

"That's from people on the street saying there is not enough dope anymore."

Rob Boyd, director of the Oasis Program at the Sandy Hill Community Health Centre, has also heard fewer discarded needles are being found, though he doesn't have hard data to support that.

"We really don't know what are the conditions that facilitate or don't facilitate publicly discarded needles," he said.

"To point to anything in particular and say why this has changed would not be an informed opinion, but it's a great thing that we are not seeing any more needles."

The city's medical officer of health, Dr. Isra Levy, will report to council on the success of the program in September.

Ottawa busting out with buskers

TRACEY TONG
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It all started with a pair of tin can stilts.

When that got too easy for Paul Maskell, the enterprising nine-year-old started taping them together to add height.

"I was a bit of a feral child," joked Maskell, now 38. "My mom worked afternoons and my dad left when I was three. My grandparents watched us, but they're grandparents, so they're not that energetic."

Years later, those early antics have paid off. Not only for the Hamilton resident, but for Ottawans, as buskers like Maskell converge here for the 17th annual Buskerfest at the Sparks Street Mall, today through Monday.

Expected to draw 30,000 attendees, the five-day show — which features acts from as far as Australia — is ranked the third-best such festival after Vancouver and Halifax, said Sparks Street Mall executive director Sharon McKenna.

"There are no vehicles in the street, it's easy to get to and it's open air," she said.

Organizers brought in a variety of acts, including sword-swallower Thom Sellectomy and Fast Horse, one of the few family acts in the busking world. Others among the 13 acts include theatrical acrobatics show Aerial Angel and circus and performance artist, Bike Boy.

Maskell's repertoire has expanded somewhat since his days as a tin can walker. He now wows audiences with an act that includes fire eating and a blindfolded ride on a 10-foot unicycle while juggling knives.

The Trulee Odd Show's Paul Maskell will be eating fire at this year's Buskerfest.

PHOTO COURTESY OF TRULEODDSHOW.COM

Show appreciation

- Buskerfest may be free admission, but attendees shouldn't leave their wallets at home. Buskers and entertainers aren't paid to come here, so the only income they get to cover expenses is whatever they can collect by passing the hat. The recommended donation is $5.

metronews.ca
What's online today.

Read Billy's Best Bottles for tips on more great wines to enjoy this summer **Watch** MetroTube of the Day for a clip of Mr. T's ill-fated candy bar ad, and a video report on deep drilling and thermal energy **Search** for jobs using Metro's Workopolis search

Senior's snarl sparks better transit offer by mayor

TIM WIECLAWSKI
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If city seniors soon get to ride the buses free for a month, they probably have Paulette Regimbald to thank.

Riding an OC Transpo bus yesterday to promote public transit use, Mayor Larry O'Brien responded to Regimbald's criticism of a 'free-fare Wednesdays' plan by upping the ante and proposing that seniors ride free for an entire month.

The proposal caught OC Transpo officials by surprise, but the mayor's improved offer was a hit with riders, who applauded.

"(Transit services director Alain Mercier) mentioned that he wanted to improve that introductory offer for seniors. Ridership is down in the summer, so I threw it out there," O'Brien said afterwards of his proposal.

Mercier said there had been no plan to expand free fares for a month, but he now expected some pressure to take the step.

"Once you mobilize the seniors' community, they can really make things happen," Mercier said.

The free month would have to be part of a marketing plan presented to the transit committee. The city also plans to boost the number of seats on buses reserved for seniors.

Regimbald was the rider that shouted down Mercier's proposal for free Wednesdays, prompting the mayor's better offer.

"(Free Wednesdays) doesn't do me any good; I buy a monthly pass," she explained.

News in brief

RANGER IN ACTION A police dog named Ranger put the bite on two of three suspects in a Kanata break-and-enter this week when the men allegedly tried to run away from officers. Patrol officers and a dog from the K-9 unit stopped three men following a break-in at a nearby Kanata home, police reported yesterday. When they refused to stop, the police dog bit two of the accused.
TRACEY TONG/METRO OTTAWA

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STO to provide shuttle service to fireworks

The Société de transport de l'Outaouais (STO) will provide a shuttle service to the Casino du Lac-Leamy Sound of Light fireworks displays that take place between August 2 and 16. The STO will set up several free incentive parking facilities for spectators to make it easier to get to the Leamy Lake site. For locations, visits www.sto.ca SOURCE: STO

Monster strollers an issue on public transit

TIM WIECLAWSKI
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"I have a feeling that we are going to have to set some standards on strollers in the next couple of years."
director Alain Mercier

Larger, more identifiable priority seating sections are in the works for city buses, but transit riding seniors are concerned "SUV" baby strollers will dominate those seats.

"When you get three of those in the front of the bus, the safety factor goes right out the window, because you cannot get by them," Vivienne Baxter told transit services director Alain Mercier yesterday. "Some of them take up five seats. That's the priority seating — gone."

Mercier was at the Good Companions Seniors Centre to encourage seniors to take advantage of summer transit specials, however older residents took the chance to express concern about new moms taking over priority seating.

Mercier said even bus operators have been critical of giant baby strollers blocking the aisles and occupying priority-seating area. The buses were not designed for the large strollers that have become popular recently, he said.

"I have a feeling that we are going to have to set some standards on strollers in the next couple of years," said Mercier.

"We'll be taking this up as a policy issue. We'll issue some clear instructions … we'll put something out in the next few weeks and address public education."

Rider Gail Miller suggested creating a stroller area at the rear of the bus.

"It would be less of a hindrance than piling them all in the front," she said.

Such a set-up is the practice in Europe where many buses are completely open at the rear.

Tavares **Tees up**

ETIENNE RANGER/FOR M. ETRO OTTAWA

Junior hockey star John Tavares, front, joined 44 other World Junior Team Canada prospects at The Marshes Golf Club yesterday for a golf tournament to unwind at the close of the four-day summer development camp held at the University of Ottawa. Team Canada returns to Ottawa to open its selection camp in early December and the world junior championships will open here on Dec. 26.

Market misses summer sun

KRISTINA MARTIN
for Metro Ottawa

It hasn't been raining that much. It only seems that way.

While measured rainfall for July is actually well below average, Ottawa's downtown core has seen more than its share of localized downfalls this month, taking a toll on outdoor business like the ones that thrive in the ByWard Market.

It has been a hard month for restaurants in the Market that generally have packed patios in the summer tourism season.

"Restaurants in the Market are very weather dependent, especially with a large patio. When it's rainy there is not as much business," said Cornerstone Bar & Grill day supervisor Katherine Barker.

The rainy weather has made it even harder for individually run vendors in the Market, who sometimes cannot work at all.

Jasna Jennings, Executive Director of the ByWard Market BIA, explained that there has been a visible drop in people and activity in the Market this month due to the weather.

"It's hard for people to plan, they become hesitant and choose to do indoor activities like going to museums," said Jennings.

Ottawa is not, however, in danger of breaking any record for precipitation in July. So far, the Ottawa airport has reported 62 millimetres of rain this month, which according to Environment Canada meteorologist Peter Kimbell is "well below the 90.6mm average for this time of year."

But if it feels like it's been raining every day downtown, it may well have been without necessarily showing up in the measurements, said Kimbell.

That's because in the summertime, rain can fall in "localized convection", meaning 15mm might pour down in the core, while at the airport measurement station thing could be dry.

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Economy over environment
Forty-five percent of Canadians said economic growth was most important while 44 percent chose the environment, in a new poll about quality of life. REUTERS

Canada

Border ID cards

New high-tech identification cards to help Saskatchewan people cross the United States border will be introduced next year, the provincial government says. Special driver's licences that can be used instead of passports at land border crossings will be introduced by June.

Prison overcrowding not likely: Day

Ottawa's push for longer jail terms will not result in overcrowded prisons or ballooning corrections costs, Public Safety Minister Stockwell Day says.

Day said yesterday that he's confident that Canada can implement new mandatory jail terms for serious crimes and still avoid the U.S. example of having those new sentences cause a dramatic increase in the prison population.

"The course that we are taking in terms of criminal justice reform and corrections reform is not reflective of what happens in the United States at all," Day said yesterday during a Conservative caucus meeting.

Day is betting that the longer sentences for drug and gun offences will deter people from committing the crime in the first place.

"Once you send out a message that you are becoming serious ... that alone starts to have a deterring effect on those who looking at the risk/ reward equation in terms of getting into crime," Day said.

In fact, Day said the government's new sentences for gun crimes, which kicked in May 1, have already had an effect.

"We heard from people who are involved in the criminal community that they were having second thoughts ... about the illegal business they were going to conduct and using firearms at the same time," Day said.

While there might be a short-term "blip" as a result of the tougher sentences, the "long-term effect is deterrence and that's difficult to put into the equation, " he said.

TORSTAR NEWS SERVICE

resources capable

Justice Minister Rob Nicholson said he's been assured by his provincial counterparts that "the resources are available" to cope with any increase in inmates.

Critics call for fresh probe into Lottery Corp.

WINNINGS Critics say a public inquiry into the Ontario Lottery and Gaming Corp. is long overdue after police revealed they had no evidence to charge a former retailer who won 167 prizes worth $1.2 million over a 9-year period.

Peter Kormos

"There is a stink there," New Democrat justice critic Peter Kormos said yesterday, insisting a forensic audit of past winners first promised by lottery officials June 3 and again this week is not enough."It's not about the one retailer. It's about what has been going on at OLG," Kormos added.

Ontario Provincial Police said lottery officials turned the case of the former Northern Ontario retailer over to the force in April but an investigation that concluded last month found no wrongdoing in the case but noted there was a lack of evidence.

TORSTAR NEWS SERVICE

Quebec City **Conservative retreat**

MATHIEU BELANGER/REUTERS

Prime Minister Stephen Harper walks off his airplane with his son Ben and his daughter Rachel as he arrives in Quebec City to attend the Conservative Party National Caucus Retreat at the convention center in Levis yesterday.

News in brief

BORDER SENSITIVITY The federal government is putting border officials at Pearson airport through sensitivity training so they can more appropriately deal with Arab and Muslim passengers. 500 border services officers will received the mandatory training.

MANUFACTURER FINED A court in Guelph has fined Linamar Corp., one of the country's biggest auto-parts manufacturers, a total of $550,000 in the deaths of two workers and the serious injury of a third employee for failing to follow proper safety procedures.

POLITICS A Liberal MP has filed a complaint over the Conservative party's use of taxpayer-funded mailouts — an allegation the Tories call unfounded. Mark Holland says the Tories are breaking bylaws by mailing campaign literature with taxpayer funds. METRO CANADA

Canada gets new choppers, calls on NATO for more help

AFGHANISTAN Canada is leasing up to eight Russian-built choppers to fly troops around southern Afghanistan and protect them from the threat of roadside bombs and ambushes, Defence Minister Peter MacKay says.

MacKay described the move yesterday as a stopgap measure until Canada can take delivery of American-built Chinook transport choppers.

As well, Canada is also leasing unmanned aerial vehicles used for reconnaissance over the Afghan battlefield until it gets possession of the drones it wants to purchase. He noted that Canada isn't going to add more troops.

Defence Minister Peter MacKay

MacKay also demanded that other NATO nations step up with contributions of troops and equipment in southern Afghanistan, which he called a "flashpoint."

"We're doing our bit. We're doing enough," MacKay said.

REUTERS

B.C. bus escapes landslide

OLYMPICS A small tour bus narrowly missed being crushed in a massive landslide that buried a highway that is scheduled to play a key role in the 2010 Winter Olympics in Vancouver.

Officials warned yesterday it could take at least five days to remove the tons of debris that fell on the highway south of the town of Squamish, British Columbia.

800 The highway is undergoing an upgrade costing nearly $800 million but officials said the slide won't effect the upgrade.

REUTERS

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Presidential campaigns spending already tops $50M

U.S. presidential candidates have spent some $50 million and aired more than 100,000 TV ads since the start of the general election campaign in early June, far outpacing the rate of the 2004 campaign, a University of Wisconsin Advertising Project report showed yesterday. REUTERS

World

Obama a celeb, not a leader: Republicans

Republican presidential candidate John McCain opened up a new line of attack on Democratic rival Barack Obama yesterday, labelling him a celebrity without the strength to bring change to Washington. McCain's campaign launched a new television advertisement to run in key battleground states called "Celeb" that uses images of U.S. celebrities Britney Spears and Paris Hilton and Obama's speech in Berlin last week to accuse Obama of being all talk and little action. REUTERS

Olmert set to step down as Israeli PM

Surprise announcement doesn't change peace goal: U.S.

Middle East peacemaking was in turmoil yesterday after Ehud Olmert, dogged by corruption probes, said he would resign as prime minister after his party picks a new leader in September.

Israeli politicians and analysts said Olmert's surprise announcement could force an early national election which opinion polls show could be won by rightist leader, Benjamin Netanyahu.

"I have decided I won't run in the Kadima movement primaries, nor do I intend to intervene in the elections," Olmert said, referring to his ruling centrist party, from his official residence in Jerusalem.

"When a new (Kadima party) chairman is chosen, I will resign as prime minister to permit them to put together a new government swiftly and effectively," Olmert said.

Olmert, who could stay on as a caretaker prime minister for months while a successor struggles to cobble together a new coalition, vowed not to "ease up" on peacemaking "for as long as I remain in office."

The White House said its goal of getting Olmert and Palestinian President Mahmoud Abbas to reach a peace deal this year was unchanged. Palestinian negotiator Saeb Erekat said the negotiations would continue despite Olmert's announcement. REUTERS

9 wounded in West Bank violence

- Israeli troops wounded nine Palestinians in the occupied West Bank yesterday in a clash with stone-throwing protesters at the funeral of a 10-year-old boy killed a day earlier, Palestinian medics said. They said the Israelis had shot the protesters with rubber bullets. A 21-year-old Palestinian was hit in the head and doctors described him as brain dead.

Karadzic's family allowed to travel

TRIBUNAL Bosnia's top peace envoy Miroslav Lajcak lifted a travel ban for the family of Bosnian Serb former leader Radovan Karadzic, who was extradited to The Hague war crimes tribunal yesterday after 11 years on run.

The travel documents of Karadzic's wife, son, daughter and son-in-law were seized in January as part of an effort to choke off Karadzic's support network.

Lajcak originally refused to return the documents after Karadzic's arrest in Belgrade last week, fearing their visit could jeopardize his prosecution or the arrest of the remaining suspects.

But his office now said he "concluded that the reasons for the seizure of the travel documents ... no longer apply."

"They will be entitled to have their travel documents, including identity cards, returned to them. This decision shall have immediate effect. Restrictions against other persons remain in effect," Lajcak's office said in a statement. REUTERS

charges

- Karadzic and his military commander Ratko Mladic are indicted for genocide over the 43-month siege of Sarajevo and the 1995 Srebrenica massacre of 8,000 Bosnian Muslims. Mladic and one other war crimes suspect are still at-large.

Internet TV grows in popularity

AMERICA A fifth of U.S. television viewers are putting down their remote controls and clicking on a mouse instead to watch primetime programs online — particularly professional women, according to a new survey.

It showed that 50 percent of people viewing TV on the Web are watching programs as they become available and "appear to be beginning to use the computer as a substitute for the television set," Integrated Media Measurement Inc. (IMMI), which conducted the poll, said.

The other half are using the Internet to watch programs they have missed, or to re-watch segments or episodes they have already seen, IMMI, a company which links media exposure to consumer action, added. REUTERS

New York **Luggage bug delays flights**

REUTERS/JOSHUA LOTT

Customers wait in line after a computer glitch crippled the baggage handling system at the American Airlines' Terminal 8 at New York's John F. Kennedy International Airport yesterday. AMR Corp's American Airlines said about 35 flights have been delayed from the airport after the software that controls the baggage sorting conveyor belt malfunctioned.

News in brief

CONTEMPT A U.S. congressional panel voted yesterday to find former presidential adviser Karl Rove in contempt for defying a subpoena to testify in its probe into suspected political meddling at the Justice Department. On a vote of 20-14, the House Judiciary Committee approved a citation against President Bush's former deputy chief of staff.

TURKEY Turkey's highest court yesterday rejected an attempt to shut down the governing AK Party, but imposed financial penalties on it for anti-secular activities, the court's chief judge said. The verdict ended months of political uncertainty which has hit Turkey's financial markets over fears the democratically elected party would be closed. REUTERS

Haitian standoff ends peacefully

UN Dozens of ex-soldiers emerged from a former military headquarters in northern Haiti yesterday in a peaceful end to a 24-hour standoff with police and UN peacekeepers, officials said.

The former soldiers seized onetime army buildings in Cap-Haitien, Haiti's second largest city, and in Ouanaminthe, a town on the border with the Dominican Republic, Tuesday to demand the reinstatement of the disbanded army and 14 years of back pay.

Currents derail one-armed man

EUROPE Olivier Desmet, 56, came agonizingly close to becoming the first one-armed man to swim the English Channel, but was forced to abandon his bid within sight of the French coast.

He had to give up the challenge when strong currents dragged him off course. REUTERS

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HP, Intel, Yahoo study ways to make web a utility
Hewlett-Packard, Intel and Yahoo said yesterday they are teaming up with academic researchers in Asia, Europe and the U.S. to create a network that lets researchers test web services that can reach billions of users at once. REUTERS

Business

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OIL
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$4.58

In brief

GAS Spanish utility Gas Natural has agreed to buy a 45 per cent stake in rival Union Fenosa from debt-laden builder ACS in a deal worth 7.6 billion euros, the companies said yesterday.

RETAIL Office Depot reported a second-quarter loss yesterday as a decline in spending by retail consumers and smaller businesses hurt U.S. sales, and it said it would cut store openings this year. REUTERS

Bush signs U.S. housing bill

ECONOMY U.S. President George W. Bush yesterday signed into law a sweeping housing market rescue package. The new law launches a $300 billion US initiative to refinance troubled mortgages, and boosts oversight of Fannie Mae and Freddie Mac, which own half the $12 trillion in home mortgage debt. REUTERS

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Feds curb spending

Canada still on track for surplus, Flaherty says

Although Canada is still on track to record a budget surplus this year, the government has no plans for big spending projects or major tax cuts in the near future, Finance Minister Jim Flaherty said yesterday.

Canada posted a budget deficit of $517 million for April and May as corporate and sales tax collection fell sharply. Ottawa has estimated a surplus in 2008-09 of $2.3 billion, down from the expected surplus of $10.2 billion for 2007-08.

"This is not a year for big new spending projects or big new tax reductions."
Jim Flaherty

"This is a time of economic slowdown," Flaherty told reporters. "I'm satisfied and I'm confident that we're on track in terms of our revenues and expenses over the year but this is not a year for big new spending projects or big new tax reductions."

The government cut the GST to 5 per cent from 6 per cent, effective Jan. 1, as part of a tax-cutting package it says will help the economy cope with the U.S. housing crisis.

Canada has recorded 11 budget surpluses in a row and the idea of a deficit would be very damaging politically. REUTERS

Boeing interested in Mitsubishi jet

AIRCRAFT Boeing will be involved in Mitsubishi Heavy Industries' regional jet program — which will go head to head with planes made by Bombardier — but its main focus will continue to be on large aircraft, Boeing's Japan head said. REUTERS

Oil prices jump more than $4

MARKETS Oil rose more than $4 a barrel yesterday after U.S. government data showed an unexpected drop in gasoline stocks. U.S. crude settled up $4.58 at $126.77 a barrel after falling to $120.42 Tuesday. REUTERS

Bolivia Set for gas exploration

DAVID MERCADO/REUTERS

Bolivia's President Evo Morales unveils plans to start exploring for natural gas at a ceremony in Patacamaya yesterday. State-run energy company YPFB has acquired its first exploration rig from Venezuela. Bolivia has 47 trillion cubic feet of natural gas reserves, one of the largest deposits in South America.

WestJet's 2nd-quarter profit triples

AVIATION WestJet Airlines Ltd.'s second-quarter profit nearly tripled from last year when a one-time charge for a failed reservation system marred its results, Canada's No. 2 airline said yesterday.

Operating earnings, however, fell 10 per cent as fuel costs surged and its planes flew less full.

WestJet executives said they expect results to remain among the strongest in the struggling industry, but they warned that the carrier is not immune to high oil prices.

Fuel expenses at the airline accounted for 38 per cent of its costs in the quarter, up from 26 per cent last year. REUTERS

Retail veteran to head Zellers

STORES Hudson's Bay Co named Canadian retail veteran Mark Foote as chief executive of its Zellers discount chain yesterday, where he will try to revitalize stores and increase sales.

Foote, most recently president and chief merchandising officer at Loblaw Cos., starts work at Zellers in mid-August.

Foote also worked for more than 20 years at Canadian Tire Corp. REUTERS

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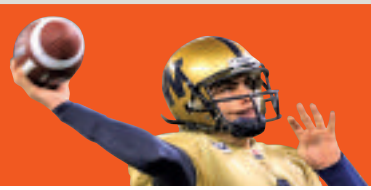
Leclaire signs three-year deal with Jackets
The Columbus Blue Jackets have re-signed goaltender Pascal Leclaire to a three-year contract. Financial terms of the deal were not disclosed. Leclaire is coming off his best NHL season, having posted a 24-17-6 record in 54 games with Columbus in 2007-08. METRO NEWS SERVICES

Sports



Dinwiddie wins weekly award

Winnipeg quarterback Ryan Dinwiddie, left, earned the CFL's offensive player of the week. He was joined in Week 5 honours, announced yesterday, by Edmonton defensive lineman Montez Murphy and B.C. Lions kick returner Ian Smart and wideout Paris Jackson. Dinwiddie completed 24 of 39 passes for a league-high 450 yards, and threw the game-winning touchdown to lead the Blue Bombers over the Calgary Stampeders.

SPORTS EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA

ELSA/GETTY IMAGES

Stephanie Dubois of Canada celebrates her win over No. 13 seed Maria Kirilenko of Russia during Day 3 of the Rogers Cup yesterday at Stade Uniprix in Montreal. Dubois defeated Kirilenko 6-2, 2-6,7-6(4).

Dubois pulls off an upset

Canadian knocks off 13th seed to make it to third round

World No. 1 Ana Ivanovic of Serbia opened her hard-court campaign with a laboured 6-3, 4-6, 6-3 win over Czech teenager Petra Kvitova to wobble into the third round of the Rogers Cup in Montreal yesterday.

Playing her first event since a shock third round exit at Wimbledon, the French Open champion arrived in Montreal with her No. 1 ranking under threat from compatriot Jelena Jankovic.

Ivanovic's first competitive match in nearly a month showed predictable signs of rust. She served six break points in her opening two service games none of which Kvitova was able to convert.

The Serb hurt her own cause with nine double faults helping Kvitova claim the second set but rebounded by sweeping the opening five games of third before struggling to close out a rickety performance.

Jankovic and world No. 3 Maria Sharapova, who can also reclaim top spot in the rankings this week.

Local hope Stephanie Dubois and 15-year-old Portuguese qualifier Michelle Larcher de Brito pulled off a pair of second-round shocks by knocking out seeded opponents.

Dubois, who grew up in nearby Laval, had the support of raucous crowd at Jarry tennis centre as she rallied for a 6-2, 2-6, 7-6 win over 13th seed Maria Kirilenko of Russia.

Brito, who reached the third round in Miami and Stanford, underlined her credentials as one of the WTA's rising talents, as she moved within a win of her first quarter-final after outlasting 15th seed Flavia Pennetta of Italy 6-3, 0-6, 6-3.

REUTERS

Second round results at Rogers Cup

- No. 1 Ana Ivanovic (Serbia) beat Petra Kvitova (Czech Republic) 6-3, 4-6, 6-3
- **Stephanie Dubois (Canada)** beat No. 13 Maria Kirilenko (Russia) 6-2, 2-6, 7-6(4)
- No. 10 Marion Bartoli (France) beat Alisa Kleybanova (Russia) walkover
- No. 6 Anna Chakvetadze (Russia) beat Jill Craybas (U.S.) 6-2, 7-5
- Michelle Larcher de Brito (Portugal) beat No. 15 Flavia Pennetta (Italy) 6-3, 0-6, 6-3
- Tamira Paszek (Austria) beat Melinda Czink (Hungary) 6-4, 7-5
- No. 12 Nadia Petrova (Russia) beat Tamarine Tanasugarn (Thailand) 6-3, 6-2
- Ai Sugiyama (Japan) beat Shahar Peer (Israel) 6-2, 6-2
- No. 9 Patty Schnyder (Switzerland) beat Monica Niculescu (Romania) 6-1, 7-5
- No. 7 Dinara Safina (Russia) beat Anastasia Rodionova (Russia) 6-2, 6-4
- No. 11 Victoria Azarenka (Belarus) beat Sybille Bammer (Austria) 6-2, 6-2
- No. 3 Maria Sharapova (Russia) beat Marta Domachowka (Poland) 7-5, 5-7, 6-2

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Rays ruin first start of Canuck

RAYS 3 BLUE JAYS 2

Carlos Pena homered and Carl Crawford tripled in a run to lead the Tampa Bay Rays to a 3-2 win over the Blue Jays in the rubber match of their three-game set in Toronto.

Edwin Jackson (7-7) won his second consecutive start, going five innings and allowing only two runs and seven hits, fanning three and walking two. It was the righty's third win in July, giving him three wins in a month for the first time in his career.

"Today was definitely a battle. It was a performance on guts," Jackson said. "(I) had men in scoring position with no outs twice, and for any of them not to come in was definitely hard. (It was) a combination of making a couple pitches when I needed to and our defense."

Troy Percival pitched a perfect ninth for his 23rd save of the season.

Crawford finished the day batting 2-for-4 while Dioner Navarro and Akinori Iwamura added two hits apiece to give the Rays their fourth win in six games.

Scott Richmond (0-1) threw 5⅓ solid innings in his major league debut despite receiving the loss, giving up three runs on seven hits while striking out four and walking none. The 14th Canadian ever to pitch for the Blue Jays, Richmond had to give up his spot on his country's Olympic team for a chance to play in the big leagues.

"I was very impressed with the first inning of Richmond. (I was) very impressed with the performance he gave us today," said Jays catcher Gregg Zaun. "(He has) lots of different weapons. He did a great job against a really tough lineup. They've got a great combo of speed and power, (and) he kept them off balance all day."

FRED THORNHILL/REUTERS

Toronto Blue Jays pitcher Scott Richmond, right, gets a hug from fellow Canadian teammate Matt Stairs after making his first major league start against The Tampa Bay Rays yesterday.

Joe Inglett batted 3-for-5 and Lyle Overbay added a two-run homer for the Jays, who have lost three of four.

Tampa Bay got off to a quick start. Iwamura led off with a single and two batters later Crawford tripled to give the Rays a 1-0 lead in the first.

Toronto took the lead in the home half, though, as Overbay blasted his seventh homer of the season to center to give the Blue Jays a one-run edge.

Pena quickly tied up the score in the fourth, hitting the first pitch he saw over the center field fence for his 18th home run of the season.

The Rays added some more offense in the inning, as Eric Hinske followed the Pena blast with a double. Navarro singled to put runners on the corners with nobody out, and Tampa Bay went up 3-2 on Gabe Gross' double play groundout.

The Blue Jays squandered an opportunity to tie the game up in their half of the fourth after Adam Lind led off with a triple. Brad Wilkerson popped out, Zaun grounded out and John McDonald flied out to strand Lind at third.

Toronto threatened again in the fifth, getting the first two batters on base with a single and an error by Iwamura. After a wild pitch, the Blue Jays once again had runners in scoring position with nobody out but could not cash in. Jackson got Alex Rios to ground out and Overbay swinging. After walking Matt Stairs to load the bases, he got the red-hot Lind to fly out to center.

METRO NEWS SERVICES

Rapidz make managerial change

BASEBALL The Ottawa Rapidz announced yesterday that Ed Nottle has been released as manager of the team. The decision is effective immediately and Tom Carcione has been named to lead the team to the end of its inaugural season.

"The decision to part company with Ed came only after long and careful deliberation," said Rob Hall, co-owner of the Rapidz. "Ed has helped the Rapidz take root in Ottawa but a manager is ultimately judged by his team's performance on the field and we felt it necessary to make a change at this time."

Tom Carcione who began the season with the Rapidz as batting coach will manage the team until the end of the season. A decision on Nottle's full time replacement will be made once the season is over.

Meanwhile, The Atlantic City Surf stopped the Ottawa Rapidz and their five-game winning streak yesterday afternoon with a 9-7 win. The Surf jumped to a 4-0 lead in the first en route to victory.

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GREGORY SHAMUS/GETTY IMAGES

Catcher Ivan Rodriguez is set to join the New York Yankees. The Detroit Tigers swapped the backstop for relief pitcher Kyle Farnsworth yesterday.

Yankees add Pudge to mix

The day that Jorge Posada's season officially ended, the New York Yankees made a deal for his replacement behind the plate. New York dealt relief pitcher Kyle Farnsworth to the Detroit Tigers yesterday in exchange for 14-time All-Star catcher Ivan Rodriguez.

"He's still an everyday guy, and he's a significant upgrade," said Yankees general manager Brian Cashman. "He's having a good year, and we're excited to think that we've moved forward with something that was a need."

Posada underwent season-ending shoulder surgery yesterday, a procedure that will sideline him for four-to-six months. Jose Molina had replaced Posada in the meantime, but now the Yankees have a possible Hall of Famer to plug in behind the plate.

"It was hard, because Kyle was a big part of our bullpen and he loved being here, but we felt that Pudge will really help our club," said Yankees manager Joe Girardi.

Rodriguez, 36, is a .302 career hitter in 18 seasons with Detroit, Florida, and Texas. This season with the Tigers he was batting .295 with five homers and 32 RBI in 82 games. He is the all-time major league leader with 13 Gold Glove Awards at catcher.

In 1999, Rodriguez won the American League MVP Award, batting .332 with 116 runs scored, 35 home runs and 113 RBI for the Rangers.

"You're talking about a Hall of Fame catcher coming in here," Girardi said of Rodriguez, who is hitting .295 with five home runs and 32 runs batted in this season. "He's been playing very well … we're looking forward to him being here."

Rodriguez is expected to join the Yankees today when they begin a four-game series against the Angels.

Farnsworth, 32, was 1-2 with a 3.65 earned run average in 45 games for the Yankees this season, his third with the club. The 10-year veteran struggled during his first two seasons in the Bronx, but settled in this year under new manager Girardi.

METRO NEWS SERVICES

SCOREBOARD

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	PCT	GB
Tampa Bay	63	44	.585	—
Boston	61	48	.560	3
N.Y. Yankees	59	48	.551	4
Toronto	54	54	.500	9½
Baltimore	51	56	.477	12

CENTRAL DIVISION

	W	L	PCT	GB
Chicago Sox	59	46	.562	—
Minnesota	59	47	.557	½
Detroit	54	52	.509	5½
Kansas City	50	59	.459	11
Cleveland	46	59	.438	13

WEST DIVISION

	W	L	PCT	GB
L.A. Angels	67	40	.626	-
Texas	55	52	.514	12
Oakland	53	54	.495	14
Seattle	40	66	.377	26½

NATIONAL LEAGUE

EAST DIVISION

	W	L	PCT	GB
Philadelphia	58	49	.542	—
N.Y. Mets	58	50	.537	½
Florida	57	51	.528	1½
Atlanta	49	58	.458	9
Washington	38	69	.355	20

CENTRAL DIVISION

	W	L	PCT	GB
Chicago Cubs	63	44	.589	—
Milwaukee	60	47	.561	3
St. Louis	61	49	.555	3½
Houston	50	56	.472	12½
Cincinnati	50	58	.463	13½
Pittsburgh	50	58	.463	13½

WEST DIVISION

	W	L	PCT	GB
Arizona	54	52	.509	—
L.A. Dodgers	53	53	.500	1
Colorado	48	60	.444	7
San Francisco	44	62	.415	10
San Diego	42	66	.389	13

YESTERDAY'S RESULTS

AMERICAN LEAGUE

Toronto 3 Tampa Bay 2
N.Y. Yankees 13 Baltimore 3
Kansas City 4 Oakland 3 (10 ings)
L.A. Angels 9 Boston 2
Detroit at Cleveland
Seattle at Texas
Chicago Sox at Minnesota

NATIONAL LEAGUE

Colorado 7 Pittsburgh 4
Florida 7 N.Y. Mets 5
Philadelphia 8 Washington 5
St. Louis 7 Atlanta 2
Chicago Cubs at Milwaukee
Cincinnati at Houston
Arizona at San Diego,
San Francisco at L.A. Dodgers

TODAY'S GAMES

AMERICAN LEAGUE

Detroit at Cleveland, 12:05
L.A. Angels at N.Y. Yankees, 7:05
Seattle at Texas, 8:05
Chicago W. Sox at Minnesota, 8:10

NATIONAL LEAGUE

Chicago Cubs at Milwaukee, 2:05
Colorado at Florida, 7:10
St. Louis at Atlanta, 7:10
Philadelphia at Washington, 7:10
Arizona at L.A. Dodgers, 10:10

CFL

EAST DIVISION

	W	L	T	PTS
Montreal	2	3	0	4
Toronto	2	3	0	4
Winnipeg	1	4	0	2
Hamilton	1	4	0	2

WEST DIVISION

	W	L	T	GB
Saskatchewan	5	0	0	10
Calgary	3	2	0	6
Edmonton	3	2	0	6
B.C.	3	2	0	6

WEEK 6

TONIGHT'S GAMES

Hamilton at Montreal, 7
B.C. at Edmonton, 10

TOMORROW'S GAME

Winnipeg at Toronto, 7

SATURDAY'S GAME

Saskatchewan at Calgary, 8

BASEBALL

CAN-AM LEAGUE GAMES FEATURING THE OTTAWA RAPIDZ:

YESTERDAY'S RESULT

Atlantic City 9 **OTTAWA** 7

TODAY'S GAME

OTTAWA at Atlantic City, 7:05

Sports in brief

NBA Restricted free agent Luol Deng has agreed to a long-term contract with the Bulls that will keep the forward in Chicago for years to come. According to a Chicago Sun-Times story yesterday, the deal is for six years and $71 million US.

NHL The Detroit Red Wings locked up another piece of their Stanley Cup-winning puzzle yesterday, signing forward Valtteri Filppula to a five-year contract. METRO NEWS SERVICES

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Ontario Pick 4	5 4 2 0
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Politics
International Olympic Committee officials cut a deal to let China block sensitive websites despite promises of unrestricted access, a senior IOC official admitted yesterday. REUTERS

Beijing Games

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

FIFA orders clubs to release players

SOCCER World soccer's governing body FIFA has told clubs they must release any players aged under 23 selected for the Olympics after rejecting a protest by three European teams.

In a statement issued yesterday, FIFA said Players' Status Committee member Slim Aloulou had ruled as a single judge that the release of players was mandatory for all clubs.

"It would not be justifiable to prevent any player younger than 23 from participating in such an event," the statement says.

No place on team for champ: Ruling

ATHLETICS Former world triple jump champion Charles Friedek lost his legal bid for a place on Germany's Olympic team yesterday, the German Athletics Federation said.

Sports in brief

DOPING China has stood by the life ban imposed on swimmer Ouyang Kunpeng for doping, saying athletes must take responsibility for the food and medicine they consume.

POLLUTION China is mulling emergency plans to keep Olympic skies clear and may push more cars off the road in Beijing and nearby cities if wind or rain do not disperse smog build-ups, government advisers said yesterday. REUTERS

Tomorrow's lineup

SAY WHAT? What many Chinese consider idle chit-chat has now become the latest area of censure in Beijing as it prepares for an influx of Olympic visitors. Pick up tomorrow's Metro for more.

7 days remain until the official start of the 2008 Summer Olympic Games in Beijing.

Funding flawed

Criteria too general, athlete Riker-Fox says

CAIT WILLS
for Metro Canada

When Joshua Riker-Fox got the news he would be representing Canada at the Olympic Games in Beijing, he was too busy scrambling to survive to celebrate.

"I've been relying on money from fundraising events in my hometown and private donations for the last six years," the world-ranked modern pentathlete says, adding there is a glaring difference in funding between winter and summer Olympic sports.

In order for an athlete to receive federal government funding, or carding from Sport Canada, there is an analysis of "the technical needs of the sport, as measured by the number of athletes required to field a team," and the "results of the Olympics ... and World Championships in the last four-year period."

Riker-Fox contends the criteria in place are too general and the funding process for athletes needs to be reviewed on a case-by-case basis.

"There is a major flaw in the formula used to analyze carding," he said. "They have two different tools: They look at historical performance at the Olympics, but — especially in the case of the modern pentathlon — there isn't enough data for analysis. There were no women in this field before 2000 at the Olympics, and Canadian men haven't qualified since 1992."

And, because the modern pentathlon involves highly specialized skills, Riker-Fox says participation in the sport is lower than others, which he says makes a numerical analysis of participants unfair.

"They look at our sport and say, 'Josh, we can't give you any money because there isn't historical representation.' But I've made contributions; I've medalled at the Pan Am Games," he said. "This is all motivated by government bureaucracy," and, he says, is not an effective way to show summer sport athletes that the federal government supports their endeavours.

"Is there an imbalance? Yes. Is it being corrected? Yes."
Steve Keogh

Riker-Fox also says the Canadian Olympic Committee has been concentrating on its own mandate to the detriment of summer sport athletes. The COC is responsible for the Own The Podium program, which is concentrating on funding athletes who will participate in the 2010 Winter Games.

"Is there an imbalance? Yes. It is being corrected? Yes," Steve Keogh, director of communications for the COC, said about the differences in funding between the Road To Excellence Program, which funds summer sports athletes, and the Own The Podium Program.

In response to the assertion that the Road To Excellence Program has seen less federal funding, Alex Baumann, executive director of that program, conceded that "that certainly has been the case in the past," although the government has agreed to supply the program with $8 million this year and $16 million next year, as well as an annual influx of $24 million in perpetuity.

Another way the COC says it is rectifying any financial disparity is the new Athletes Excellence Fund, which Keogh says could benefit all athletes and is based solely on individual performance. Through this fund, medal winners will be able earn $20,000 for a gold medal, $15,000 for a silver and $10,000 for a bronze.

"We hope to pay out a lot of money," said Keogh.

While Riker-Fox has every intention of medalling during his event on Aug. 21, he says the continuing battle for funding has left lingering doubts about the entire Olympic funding process.

"We have been disregarded by them for so long," he said. "They don't understand what it means to put on a Canadian jersey and represent your country."

Facts

NAME: Joshua Riker-Fox
BIRTHDATE: Sept. 6, 1983
RESIDENCE: Delacour, Alta.
SPORT: Modern Pentathlon

CANADIAN OLYMPIC COMMITTEE PHOTO

Modern pentathlete Joshua Riker-Fox is competing on Aug. 21.

Women excluded from Saudi Arabia's Olympic team

When Saudi Arabia's Olympic team appears in Beijing, it will be conspicuous for the absence of women.

Rashed al-Heraiwel, head of the Saudi delegation, confirmed no women would be in the lineup, apparently due to clerics' opposition to women's participation in sport.

Heraiwel said now was not the time for the Saudi authorities to consider allowing women into sport.

"We'll cross that bridge when we come to it," he said, suggesting that issue had not been discussed due to the de-facto ban.

The Saudi Arabian Olympic Committee website (saudiolympic.org.sa) says the Olympic team will participate in five sports — athletics, shooting, swimming, weightlifting and equestrian events — but does not say how many athletes will attend the Aug. 8-24 Games.

A strict Islamic state, Saudi Arabia is one of the only countries to keep women out of international sports events, despite efforts in recent years to change the situation.

Last April, the Saudi Equestrian Sports Federation appointed a woman, Arwa Mutabagani, to its board. This month Sarah Mouwad was appointed to a senior position in the college football league in Riyadh. "I hope to make a dent in the Saudi sports scene in whatever way I can," she told al-Riyadh newspaper recently.

Three years ago, the Ministry of Education rejected proposals to introduce physical education for girls in the school system.

A Saudi opposition activist called for a strong response against Riyadh's stance. "Bar countries that ban women athletes," Ali al-Ahmad urged Olympic sports authorities in May. REUTERS

Cells affect unborn babies
Women who use cell phones while pregnant may be affecting the behavior of their unborn child, according to new research by scientists at UCLA School of Public Health. REUTERS

Tech Now

Debunking myths
In June 2008, the Quebec Provincial Police started a new section of their website, titled "Urban Legends." The department started with details on 13 urban legend stories.
QUEBEC PROVINCIAL POLICE

Legends show Internet's crazy side

Urban legends. Do you know what they are? If you're not sure, here are a few examples of urban legends, with the answers to the questions to follow later in the column:

1. Is the Canadian government going to levy a tax on e-mails (or the Internet)?

2. Last month, did a 10-year-old boy die two hours after he went swimming from a condition called "dry drowning"?

3. Must you press 'clear' after using your debit card at the gas station so someone else can't run up a bill on your card?

Urban legends reflect our culture, our concerns, our fears, and our readiness to believe almost anything. They really began when observation or speculation spread by word of mouth began to be presented as fact. Since e-mail took off, so too have urban legends.

How about the urban legend (4) that says gang members drive cars with the lights off, just waiting for another driver to flick their lights at them. The gang members then chase that car down and kill the occupants.

I received that in an e-mail that credited a Peel region police officer as its source. I tracked the officer down and he had no idea how his name came to be attached to this e-mail, but he was sure getting a lot of calls about it.

If you get an e-mail dissuading you from flicking your headlights at oncoming cars that don't have their headlights on, chances are the person who sent it to you was the victim of an urban legend.

You may not be able to track down a source of an e-mail urban legend, but there are three top websites that can do it for you.

• *truthorfiction.com* Run by Rich Buhler, a writer/broadcaster who has been following legends for 30 years, the site has been up for 10 years now.

• *urbanlegends.about.com* Run by David Emery, a writer who loves to chronicle urban legends and folklore, this site began 11 years ago.

• *snopes.com* This is run by David Mikkelson, a computer programmer, and his wife Barbara. It started 13 years ago.

The sites make for fascinating reading. I regularly visit them when people send me e-mails about things like (5) cell phones that cook popcorn, (6) ball girls making fantastic catches at ball games (7) or Hercules the Liger.

Before you hit the forward button on the e-mail about the (8) "Postcard virus" or some other story, you might want to take a moment to check things out.

If a story or event sounds too fantastic, too good to be true, has too many variations, is too weird or it contains a moral lesson then chances are it's an urban legend.

Now for your urban legend answers:

#1. No; #2. Yes, he died, but not from "dry drowning"; #3. No; #4, That's false; #5. False; #6. False; #7. True! and # 8, Not true.

WEBSITE OF THE WEEK

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CTV NEWS

ctvottawa.ca

Metro Homes

IKEA madness

For some folks, the highlight of mid-summer is the August long weekend. For others, it's the annual launch of the new IKEA catalogue. To get your mitts on a copy of it, visit *ikea.ca*.

Pest control

Keeping mosquitoes at bay

ArrestingDesign

If you are attacked by mosquitoes every time you step into your backyard, take heart. You can still enjoy it, but there are a few things you can do to make mosquito pests feel unwelcome — after all, not only are they annoying, they also carry disease.

Eco-friendly bug spray or bug zappers can help temporarily, but neither will help you to take back your yard over the long term. What you really want to know is a little about mosquito life cycles — because you want to learn how NOT to make your backyard an inviting place for mosquitoes to raise their babies!

First of all, mosquito young are larvae that live in water and feed on micro-organisms and organic matter — so any standing water left around the house for even a few days is a standing invitation for mosquitoes to get in a family way. Keep in mind that even a few days of standing water can produce a bumper crop of mosquitoes!

Eliminate all standing water, such as boggy eavestroughs, standing water in saucers under pots, water in cans or plastic containers, garbage cans, wheelbarrows, barrels and so on.

If you've got old tires anywhere, get rid of them to avoid that dreaded hillbilly look — but also because they serve as lovely places for mosquitoes to breed. Put away, invert, cover or punch drainage holes in all containers that collect water.

Better yet, get rid of them because they probably don't look great in your backyard anyway.

If you've got hollow stumps or cavities in trees that collect water, try to eliminate these as well by filling the holes or digging out the stumps.

If you've got a birdbath, lovely as it may be, it can also produce mosquitoes. To prevent this, you need to change the water every two to three days to wash out the larvae before they hatch.

A small bubbling fountain in a birdbath also serves to discourage mosquitoes because they prefer stagnant water.

If you should be fortunate enough to have an ornamental water garden on your property, investigate the idea of stocking the pool with mosquito-eating fish, such as goldfish, minnows or guppies

Bubbling fountains will also help to prevent the stagnant water that mosquitoes love.

As always, do not overwater your yard — any puddles or damp spots could be a lovely nursery for mosquito larvae! Leaky faucets and spouts can also produce a puddle, so fix these as well.

Certain species of mosquitoes are attracted to light, so keep outside lighting to a minimum near entry doors; keep those doors screened or close them at sunset.

Ditto for pet water containers — make sure they are not left standing outside after Poochie has retired for the evening.

For the same reason, drain kiddie pools daily or if you have a larger above-ground pool, cover it when not in use. If you have an in-ground swimming pool or a hot tub, keep it chlorinated or treated and filtered. When not in use for extended periods, cover tightly.

After you do your best to discourage mosquitoes from living in your backyard, you must still take precautions. Avoid those times of day when mosquitoes are most numerous.

Also avoid perfume or smelly soaps and creams since they will attract several different types of insect, including mosquitoes. Finally long pants and shirts in light colours are a must if you must be outside during mosquito happy hour!

Tammy Schnurr and Jeffrey Fisher are hosts of Arresting Design on W Network.

You can't always believe what you see on TV

OrganizedZone

Home makeover television shows are all the rage now. So many people watch them looking for ideas, inspiration and, of course, shock value. I find them very entertaining especially the "how dirty is your house?" kind of show. I think, however, there should be a warning label on the bottom of the screen saying, "Danger, don't try at home without the supervision of a professional." I say this because I have seen many people start projects then put them on the back burner due to complications and disasters. I am certain it looked easy on TV.

Clutter is something that requires personal attention, not a 15-minute TV segment.

Home and garden types of shows are a lot of fun and have to be watched in a realist way. Know that much of the finished product that you see has taken longer than the alleged time and budget indicated. So don't feel bad if you attempt to undertake an inspiring project "as seen on TV" and it costs more in time and money than anticipated. The intentions are always good; however, don't be too proud to call in a professional to bail you out if you are stuck.

Recently, I watched one that went something like this … while you were out we threw everything out, brought in furniture and voila, a new lovely room. Ahh!! In 30 minutes, less commercials, it was miraculously finished.

Behind the scenes, I imagine items that hadn't been dealt with just tossed in the garage for the owner to deal with later. Or even worse, much of the items just tossed out to the trash.

After the show, when the cameras stop rolling and the fancy designers parted, so did the furniture.

With real production budget concerns, more than likely the furniture was on loan, not purchased.

Yikes!

After the show, when the cameras stop rolling and the fancy designers parted, so did the furniture. I assume the homeowner's guest would be left with an empty room and a garage full of junk.

That's showbiz baby!

Who volunteers for these shows anyway? They must be thrill or torture seekers.

I laugh to myself trying to imagine the possibility of any of my disorganized clients volunteering for a mess makeover on TV, even if it was free. The shame and embarrassment would be too much to bare for them.

Clutter and decorating your home is a personal matter and it has to be dealt with in an organized and sensitive way.

Until next time, happy organizing.

Please feel free to send me your thoughts on home decorating and organizing shows at metro@organizedzone.com.

Brenda Borenstein is your professional organizing guru. For more, visit organizedzone.com.

Good for you
Fat free, potatoes provide Vitamins C and B6, magnesium, thiamine, folic acid and potassium. A 6 oz (170 g) potato has only 120 calories. The colourful varieties being developed, such as blue-fleshed, have increased antioxidant content. METRO NEWS SERVICES

Food

"Look for firm and blemish free (no eyes) potatoes. A green tinge caused by prolonged light exposure indicates the presence of solanine, which can be toxic if eaten in quantity."

-Barb Holland/for Metro Canada

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

À la carte

Barb Holland
Metro Food Writer

Celebrating the spud

Versatile, inexpensive and nutritious, the ever so humble potato is finally getting its 15 minutes of fame. The United Nations General Assembly has named 2008 the International Year of the Potato in recognition of the tuber's 5,000 years on the planet and the fact that it can grow in poor soil and keep many hungry people alive. While grocery stores tend to market potatoes by colour or by cooking method, you'll find novelty spuds such as fingerlings, mini potatoes, red skinned yellow-fleshed potatoes and blue potatoes in local farmers' market and specialty greengrocers. The season for many of these potatoes is short, so get them while you can.

Creamy Potato and Dill Salad

If time permits, make salad the day before as flavour improves overnight. The buttermilk provides a tangy flavour and a creamy consistency. Makes 6 to 8 servings.

INGREDIENTS:
- 2 lb (1 kg) small red or white potatoes, unpeeled
- 2 tbsp (30 mL) white wine vinegar

Dressing:
- 1 tsp (5 mL) Dijon mustard
- 1 small clove garlic, minced
- 2 tbsp (30 mL) light mayonnaise
- 1/2 cup (125 mL) buttermilk or plain low fat yogurt
- 1/2 tsp (2 mL) salt
- 1/4 tsp (1 mL) pepper
- 3 tbsp (45 mL) chopped fresh dill

METHOD:

Scrub potatoes and cover with cold water in a saucepan. Bring to a boil. Reduce heat and simmer, covered, until potatoes are tender but not soft, about 15 minutes. Drain in colander until cool enough to handle.

Cut in halves or quarters, depending on size. Place in large bowl and sprinkle with vinegar. Let stand a few minutes until vinegar is absorbed.

Dressing: Place mustard and garlic in small bowl. Gradually whisk in mayonnaise to blend, then buttermilk, salt and pepper. Stir in dill. Pour over potatoes and stir gently to mix. Cover and refrigerate until ready to serve.

The United Nations General Assembly has named 2008 the International Year of the Potato.

Potato tips:
- Scrub rather than peel potatoes. The skin adds fibre, colour and texture but also prevents the potatoes from getting too watery. For even cooking, pick similar sized potatoes.
- Waxy or boiling potatoes: Long white, round red or round white with a thin skin, these potatoes are lower in starch and higher in moisture. They keep their shape, making them good for boiling, steaming, roasting, scalloped or gratin dishes.
- Floury or baking potatoes: Such as Russet or Idaho, have a long shape and thicker skin. High in starch and low in moisture, these are a good choice for baking or mashing.
- All-purpose potatoes: Such as the yellow-fleshed Yukon Gold have an even balance of starch and water, making it a good all-rounder.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

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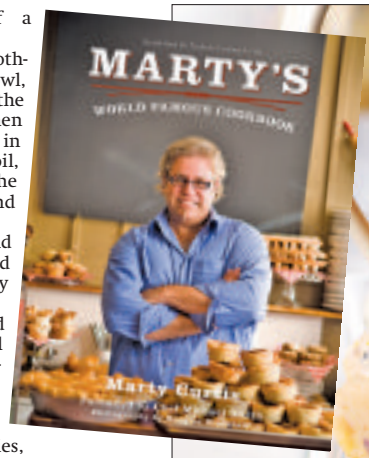
KWV

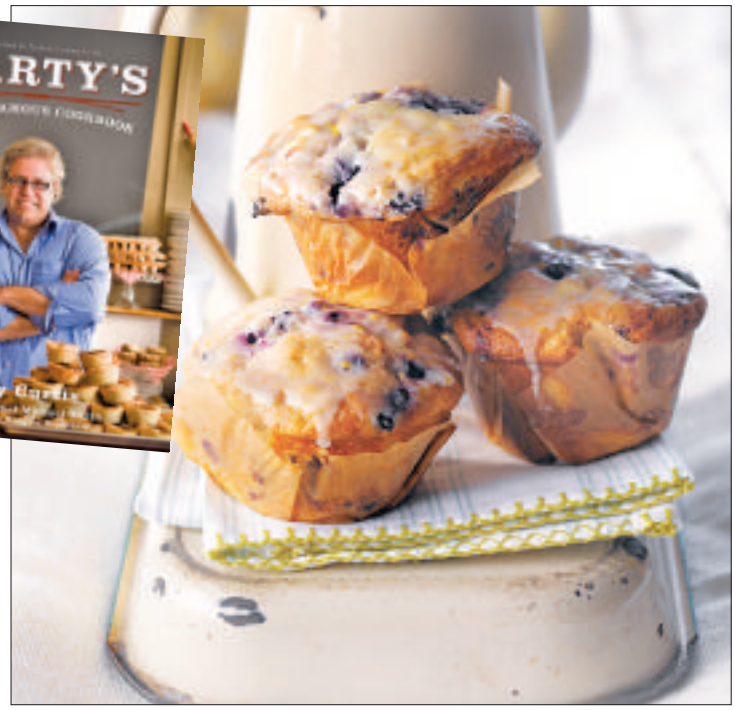
Did you know?

Did you know that peaches and nectarines have shoulders and cheeks? The shoulder is the bulge around the stem at the top of the fruit and the cheeks of the fruit are on either side of the suture (the crease that runs from the stem to the blossom end). NEWS CANADA

World-famous café creations

Have you tasted the best buttertart in the world? Well, unless you have been to Marty's World Famous Café in Muskoka, Ontario, you haven't tasted anything that comes even close — the Lonely Planet series of guidebooks says so. Now in Marty's World Famous Cookbook, Marty Curtis is finally giving away the secret recipe for this delectable tart and a wide array of recipes for other amazing fare you can also find at his legendary café. Whitecap Books gave Metro this recipe for these fruity, moist muffins:





There's often a lineup in Marty's World Famous Café for these one-of-a-kind muffins.

Lemon, Blueberry, and Cream Cheese Muffins

There's often a lineup for these one-of-a-kind muffins. They're easy to make, too. You can substitute blueberries for equal amounts of raspberries, strawberries, or blackberries for an entirely new muffin experience.

INGREDIENTS:

- 2 1/2 cups all-purpose flour
- 1 1/3 cups granulated sugar
- 3 tsp baking powder
- one 250 g package low-fat cream cheese
- 2 eggs
- 2/3 cups vegetable oil
- 1 cup 2% milk
- 1/4 cup freshly squeezed lemon juice
- 1–2 Tbsp lemon rind
- 1 cup frozen blueberries

Glaze:

- 1 Tbsp lemon rind
- 1/4 cup lemon juice
- 1 1/2 cups icing sugar

METHOD:

Preheat oven to 365°F. Grease a 6-large-cup muffin pan or Marty's Buttertart Pan with oil.

For the muffins, in a bowl, whisk together the flour, sugar, and baking powder.

Warm a knife in hot water, cut the cream cheese into julienne strips, and then cross-cut into pea-size bits. Warm the knife regularly for smooth cuts. Add cream cheese to the dry ingredients. Break up the bits by stirring with the head of a whisk.

In another bowl, whisk the eggs, then whisk in the oil, then the milk and lemon rind and juice. Add to the dry ingredients and fold until just combined.

Add the blueberries, and fold gently.

Fill the prepared pans with batter to jut under the top line. Bake for 30–35 minutes.

Cool in the pan for 30 minutes. Meanwhile, make the glaze by combining the lemon rind and juice with the icing sugar. Add a touch of hot water if the glaze needs to be thinner. Brush over the muffins.

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Ontario Peach Sangria

INGREDIENTS:

- 4 ripe Ontario peaches
- 3 cups (one bottle, 750 mL) of Ontario white wine
- 4 basil leaves

METHOD:

The previous night or same morning: Slice peaches into segments, place in a pitcher and add white wine. Chill for several hours in fridge or cooler so flavours combine. Before serving, place a fresh basil leaf in each glass. Evenly distribute peach slices and wine.

For a non-alcoholic version, replace white wine with an equivalent amount of lemonade or iced tea.

Recipe from ontariotenderfruit.com, developed by Hélène Laurendeau.

NEWS CANADA

Ontario Peach Sangria

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Langdon eyes Revolver gig
Actress Liv Tyler's estranged husband Royston Langdon is auditioning in Los Angeles to be Velvet Revolver's lead singer. The band's former front man, Scott Weiland, left the group in April. **E! NEWS ONLINE**

Entertainment

Rogen row

Comedy star Seth Rogen was reportedly thrown out of a party for his own movie, Pineapple Express, after fellow revellers accused him of smoking marijuana. IMDB.COM

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

Nine **Inch Nails**

Album: The Slip
Label: The Null Corporation
Release date: July 22
Rating: ●●●●○

SO THIS IS what being liberated from record-label constraints sounds like. And no matter the choice of format — free digital download (out since May 5), a CD with or without the limited-edition DVD set or even vinyl (due Aug. 5) — the end result will be the same: Trent Reznor capably channels his tortured soul through aggressive industrial power-pop or the occasional dark ambient instrumental trip. All accessible and ear-pleasing to boot. Reznor calls this a "thank-you" to his fans. Um, you're welcome.

Ian Nathanson

Willie Nelson and **Wynton Marsalis**

Album: Two Men With The Blues **Label:** Blue Note/EMI
Release date: July 8
Rating: ●●●●○

WILLIE'S BEEN DOING some strange stuff in recent years and not all of it has worked. I mean, did we really need a Willie Nelson reggae album? But this collaboration with jazz trumpeter Wynton Marsalis makes sense. Willie's been performing standards like Georgia On My Mind, Night Life and Stardust all his life. So has Wynton. Both are masters of phrasing and they lay it down easily on this relaxed live set. Wynton performance shows respect, never interfering with Willie's understated vocals. There's some rough edges, but who cares? They're having way too much fun.

Graham Rockingham

more online

To read our CD reviews of Lalah Hathaway, Alice Cooper, CSNY and Primal Scream visit us at metronews.ca.

Intelle**Vision**

Rick McGinnis

... will return

Rock vets keep moving

Spirit Of The West marks 25 years together

JIM REYNO
Metro Canada

In a shoebox, in a garage, somewhere in Vancouver — there might be a hit.

Maybe a drinking anthem like Home For a Rest, or a singalong classic like And if Venice is Sinking.

John Mann and Geoffrey Kelly, the songwriting team and co-founders of Celtic/pop/rockers Spirit of the West, are always sharing ideas, recording stuff.

"We have a lot of songs on tape that have absolutely no lyrics, with one of us just scatting the melody lines. Just reams of these, mini discs everywhere," said Mann, who keeps some in a shoebox in his garage.

"At some point, we're going to have to go through them, because I know we have some really good ideas there. But we just keep moving on, and moving on."

For 25 years. To celebrate, the five-piece band is touring and has released a double-CD retrospective: Spirituality 1983-2008: The Consummate Compendium. The 32 songs — including two new ones — were picked by the band.

"There's certain songs we couldn't leave out, like And if Venice Is Sinking, Save This House and Home for a Rest," said Mann. "But there are also songs on the album we hadn't been playing much, that we really loved and felt were good songs. They were more for ourselves, really, than for the fans."

Mann mentions Not Just a Train, recorded for the film My American Cousin, and the dark Pulling Lame: "There was a time when we were playing more electric, heavier songs, and we wanted that to be reflected, too. Because that was always a fun way to get our ya-ya's out."

Not that Spirit of the West is known for keeping its ya-ya's in. The band has always been about the crammed club, the flowing drinks and the immediacy of the performance.

"When we're playing live, we definitely pour our hearts into it," said Mann.

"We're proud of what we do as a live band. We feel like we really put on a show and we work hard when we're out there. And we have fun — we're such great pals."

Still — a quarter of a century later. Mann and Kelly keep moving on."We get together at each other's house and make each other coffee, and see what we have," said Mann.

Spirit Of The West has released a retrospective album.

primetime

7/31/08

OT	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
	265	353	2	TVO	Failed Inventions		The Best of The Agenda		New Tricks		Masterworks		Best-Agenda
	211	331	3	GTV	ET Canada	Entertainment	Last Comic Standing Finalists are revealed. (N)				Swingtown (HDTV) (N)		News (N)
	-	-	5	SRC	Squelettes	La Mosquée	Perdus (SC)		Bons baisers de France (SC)		Le Téléjournal (N) (SC)		TJ Ontario
	209	342	6	CHRO	Wheel-Fortune	Degrassi: Next	Don't Forget the Lyrics!		Grey's Anatomy		Stargate SG-1		News (N)
	196	311	7	CTV	eTalk	Jeopardy!	CSI: Crime Scene Invstgtn.		So You Think You Can Dance		Flashpoint (HDTV) (N)		News (N)
	208	303	8	CBC	Coronation St.	Who Do-Think	jPod (HDTV) (DVS)		The Girls of Summer (N)		CBC News: The National		The Hour
	-	360	9	NBC	Wheel-Fortune	Jeopardy!	Last Comic Standing Finalists are revealed. (N)				Fear Itself (PA) (N)		News (N)
	117	713	10	TVA	*Boeing Boeing* ★★ (1965, Comédie) Tony Curtis, Jerry Lewis.				Héros "Inattendus" (HDTV)		TVA 22 heures	Sucré-salé	*Rent* (2005)
	-	-	11	QS	Avec Albert	Campings	*Bleu sombre* ★★ (2002, Policier) Kurt Russell.				Cent dix pour cent (SC)		Journal du soir
	137	763	12	TFO	Panorama été	Frontières	Esprit	Esprit	*Milou en mai* ★★★ (1990, Com. dramatique) Michel Piccoli.				Volt
	-	362	13	CBS	Dr. Phil		Big Brother 10 (Live)		CSI: Crime Scene Invstgtn.		Flashpoint (HDTV) (N)		Two/Half Men
	216	395	14	OMN2	Law & Order: SVU		News (N)		News (N)		King	King	Cold Case
	214	344	15	CITY	Friends	Hollywood	Ugly Betty (HDTV)		Supernatural (HDTV)		Hopkins (HDTV) (N)		News (N)
	115	343	16	CFMT	Two/Half Men	The Simpsons	News (N)		Vivere Il	News (N)	The Simpsons	King of the Hill	Metropia
	218	345	18	E!	The Insider (N)	E! News	Greatest American Dog		Final 24 "JFK Jr"		Fear Itself (PA) (N)		News (N)
	-	361	20	ABC	News (N)	Entertainment	Ugly Betty (HDTV)		Grey's Anatomy		Hopkins (HDTV) (N)		News (N)
	512	396	24	CPAC	Tête-à-tête	Beyond Poli	À la une		Dossier public				À la une
	651	355	25	CTS	Full House	Facts of Life	Michael Coren Show		100 Huntley Street (N)		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	Don't Forget the Lyrics!		So You Think You Can Dance		News (N)		News
	-	-	64	PBS	Business Rpt.	Travelscope	Yes, Minister	Time Goes By	Monarch of the Glen		Ruth Rendell Mysteries		Tavis Smiley
	205	312	104	CTV	Hollywood	eTalk	CSI: Crime Scene Invstgtn.		So You Think You Can Dance		Flashpoint (HDTV) (N)		News (N)
news	502	390	26	NW	CBC News	Our World	The Hour Joan Jett.		CBC News: The National		The Nature of Things		National
	500	500	33	CNN	Lou Dobbs Tonight		CNN Election Center		Larry King Live		Anderson Cooper 360 (HDTV)		
sports	406	417	27	net	MLB Baseball Los Angeles Angels of Anaheim at New York Yankees. (Live)						Sportsnet Connected (Live)		Sportsnet Con.
	126	730	28	RDI	RDI en direct	400 fois Qué	Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
	400	280	30	TSN	CFL Football Hamilton Tiger-Cats at Montreal Alouettes. (HDTV) (Live)						CFL Football BC Lions at Edmonton Eskimos.		
	410	403	52	SCR	Cabby Unlimit	TBA	To Be Announced					Score Tonight	The Spin
	411	457	56	OLN	Exploration	Videos	Everest: Man	Jet Set	Mark Williams' Big Bangs		Don't Forget Your Passport		Pilot Guides
	417	406	59	SC	Pinks	Pass Time (N)	Pinks -- All Out		Pinks -- All Out (HDTV) (N)		Wrecked (N)	Wrecked (N)	Pinks
family	554	544	48	TEL	George-Jungle	Merrie Melody	Loonatics	6teen	Total Drama	Futurama	*Teenage Mutant Ninja Turtles II: Ooze*		
	557	540	51	FAM	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
	551	542	65	YTV	Malcolm-Mid.	Prank Patrol	Fries That?	Futurama	Prank Patrol	Mystery Hnt.	Falcon Beach		Mystery Hnt.
	570	580	29	MM	mmmtop	Back In	Canadian Idol		Canadian Idol	Uncovered	Celebracadabra		Canadian Idol
	615	520	31	A&E	CSI: Miami (HDTV)		The First 48		The First 48 Cabdriver.		The First 48		Crime 360
	628	584	32	SPKE	CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		TNA iMPACT! (N)				Unleashed
	521	560	34	TLC	LA Ink Orbi's father.		Overhaulin' "Brushtang"		American Chopper		Miami Ink (HDTV)		Amer. Chopper
	145	761	35	TV5	Toute une histoire		On n'est pas couché				Partir	Design	Journal TV5
	616	521	39	SHO	ReGenesis "Lethargica"		Intelligence		G-Spot	Exes & Ohs	Secret Diary	Secret Diary	House
	620	523	40	BVO	From the Spirit	In the Mind ...	Literature of Margaret Atwood		*Impromptu* ★★★ (1991, Comedy-Drama) Judy Davis.				Law & Order
	520	505	42	DIS	Daily Planet		Perfect Predators Sharks. (N)				MythBusters		Daily Planet
	575	583	43	CMT	(6) Ultimate "Nashville"		Karaoke Star "Vancouver" (N)		Reba	Hope & Faith	Home Improve.	Roseanne	Dedicated
	601	562	45	SLC	End of Leash	Til Debt-Part	Rich Bride, Poor Bride		Last 10	Bulging Brides	The Biggest Loser		Rich Poor
	625	548	46	COM	Air Farce	22 Minutes	Laughs	Rick Mercer	The Simpsons	South Park	Reality Bites	Tom Green	Daily Show
	294	529	47	TBS	MLB Baseball St. Louis Cardinals at Atlanta Braves. (HDTV) From Turner Field in Atlanta. (Live)						Family Guy	Family Guy	Seinfeld
	600	564	49	H&G	House Hunters	Property Virgin	Holmes on Homes		The Fix	Disaster DIY	Junk Brothers	The Big Flip	Holmes-Homes
	627	528	50	SPC	Stargate SG-1 "Chimera"		Star Trek: Voyager		The Triangle "Part Three" (Part 3 of 3)				Stargate SG-1
	581	566	53	MTV	MTV Screen	Cribs	4REAL	Next	Living on Edge	Living on Edge	True Life (N)		MTV Live
	618	524	54	TROP	Inside Hollywood (DVS)		ET Canada	What Happen?	Family Guy	Seinfeld	Seinfeld	Frasier	Family Guy
	522	506	55	HIS	NCIS "Under Covers"		Servants of Evil: Waffen SS		Exploring Hitler's Mountain		NCIS "Under Covers"		Crime Stories
	129	773	60	CD	Biographies Pierre Bruneau.		Caméra tout-terrain (HDTV)		Vidéo patrouille		Histoires de crimes (HDTV)		Les Moments
	261	394	61	V	Murder, She Wrote		Fun-Funeral	Keeping Up	*The Terry Fox Story* ★★ (1983, Docudrama) Eric Fryer.				Emily-Moon
	602	567	62	W	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House	Open House	Save Us-House	House
	269	350	70	APTN	Overseas Leg.	From the Spirit	Canadian Geographic		Front Runner		The Mix	Cowboy C'try	Sharing Circle
	621	527	71	TLK	Look-A-Like	Hollywood	TMZ (N)	eTalk	Katie & Peter: Next Chapter		The Tonight Show-Jay Leno		eTalk
	603	561	95	FN	Boy Grill	Licence to Grill	Restaurant Makeover		Unwrapped	Unwrapped	Secret Life of	Secret Life of	Ace of Cakes

cable variety

critics'corner

Intelligence

Spalding (Klea Scott) attempts to sneak into Reardon's (Ian Tracey) criminal operation by placing an undercover agent in his strip club in this episode. Reardon is stuck with damage control — not because of the agent, but because of his brother (Bernie Coulson), who foolishly ordered the death of a snitch. 10 AM on 39 SHO

Ugly Betty

Go, Betty! After a visit to Mode by Justin's (Mark Indelicato) class has the girls feeling fat and ditching their lunches, Betty (America Ferrera) persuades Daniel (Eric Mabius) to use realistically sized women for the magazine's Fashion Week show. Amanda (Becki Newton) consults a psychic (guest star Annie Potts) for help in finding out who her father is. Wilhelmina (Vanessa Williams) gets some bad news about her efforts to get pregnant. 8 PM on 20 ABC 15 CITY

Smith to reprise futuristic role

Will Smith, left, is to revive his role in the futuristic action movie I Am Legend for a prequel. Director Francis Lawrence has confirmed he is working on a followup to the hit 2007 film. IMDB.COM

Celebrity Buzz

Hudson and Armstrong call it quits

BREAKUP Kate Hudson and Lance Armstrong called it quits this weekend after a three-month romance, us-magazine.com reports.

"There was no drama or ugliness — They just decided to end things," a source close to the couple tells Us. "There is no hatred, just sadness."

The pair quickly became inseparable with sightings of them in Austin, Tex., New York and Los Angeles – though both dodged questions about their relationship.

In the short time they were together, the 29-year-old actress was seen with the 36-year-old cyclist at many of his races and events, including his three-day Lance Armstrong Livestrong Summit in Columbus, Ohio, this past weekend.

It was at the conference that Hudson and Armstrong decided to go their separate ways, a source tells Us.

Each had introduced the other to family. Hudson's mom Goldie Hawn gave what seemed to be her approval at a July 1 lunch at The Ivy at the Shore. Also, Hudson's four-year-old son Ryder went to a Father's Day brunch with Armstrong — and dad Chris Robinson — in June.

A rep for Armstrong had no comment while a rep for Hudson could not be reached.

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Ne-Yo proud of positive image

MEDIA Ne-Yo has slammed the media for rewarding the bad behaviour of troubled celebrities with hoards of press coverage, rather than focusing on their talents, femalefirst.co.uk reports.

The 28-year-old R&B star is proud of the fact that he's managed to dodge negative press throughout his singing career — but admits he's shocked that his fellow musicians are showered with media attention resulting from arrests, affairs and drug abuse.

"Image is the most difficult thing," he said. "Back in the day, you were judged off your music, or how many hits you had or the quality of your music."

METRO NEWS SERVICES

Doherty not over Moss

BREAKUP Pete Doherty is not over Kate Moss, femalefirst.co.uk reports.

The Babyshambles singer claims he has not been in a relationship since splitting from the supermodel a year ago.

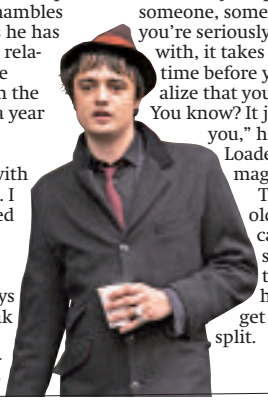
"I haven't shacked up with anyone since. I haven't shared my life with anyone," he said.

Doherty says his heartbreak has been so great, he hasn't spoken to Moss since they went their separate ways.

"When you split up with someone, someone that you're seriously in love with, it takes a lot of time before you even realize that you're upset. You know? It just hits you," he added to Loaded magazine.

The 29-year-old hopes he can use his songwriting to finally help him get over the split.

METRO NEWS SERVICES



Aniston's trial marriage

RELATIONSHIP Jennifer Aniston and John Mayer are planning a "trial marriage," femalefirst.co.uk reports.

The couple, who have been dating for three months, are said to be keen to test the strength of their relationship, and think Mayer moving into Aniston's house is the perfect first step.

"John wants to settle down as much as Jennifer does," a source said. "What's more, he's been telling her that he thinks she is the one and she believes him."

Mayer's move into Jennifer's Beverly Hills mansion is set to happen after his tour ends in September.

The couple are also reportedly planning a family.

METRO NEWS SERVICES

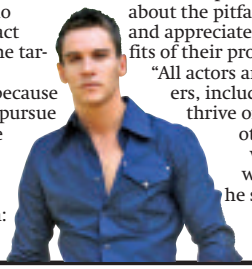
Meyers tired of star complaints

STARDOM Jonathan Rhys Meyers despises celebrities who bemoan the fact they've become targets of the paparazzi — because they chose to pursue a career in the limelight, imdb.com reports.

The Mission: Impossible III actor, 31, insists stars should stop complaining about the pitfalls of fame and appreciate the benefits of their profession.

"All actors and performers, including myself, thrive on attention; otherwise we wouldn't do what we do," he said.

METRO NEWS SERVICES



celebrity briefs

Dickinson denies flashing pilot on NetJets flight

CONTROVERSY Janice Dickinson sure knows how to distract a pilot, PageSix.com reports.

The so-called original supermodel was on a recent private NetJets flight from Los Angeles to New York when she strolled into the cockpit and flashed the pilot, said a source.

She just went in and did a little shimmy and walked out," said the source. Dickinson tells us through her rep that she'd "admit it if I did it," but claims she didn't.

METRO NEWS SERVICES

Britney to film reality TV series

PEOPLE Britney Spears is rumoured to be filming a new reality TV show, femalefirsts.co.uk reports. The pop star has reportedly ordered her entourage to carry professional video cameras with them at all times to capture her antics on film.

METRO NEWS SERVICES

Nielsen's drinking was out of control

RECOVERING Former actress Brigitte Nielsen was so hooked on alcohol she heard voices in her head telling her to drink more, imdb.com reports. Nielsen checked into rehab a year ago as her drinking spiralled out of control.

METRO NEWS SERVICES

"This makes no sense at all..."

by Joe O'Neill

Yes! Another stage in the Tour de Lance is complete, and our courageous cancer-eating cyclist still wears the yellow jersey. I'm definitely ordering my beige "DUMPSTRONG" bracelet. My old yellowbracelet has too many cig burns on it.

Janice Dickinson is 53 years old. In model years, that's 1,006. The pilot is said to be recovering comfortably.

Not to downplay the serious nature of alcoholism, but I must disagree with Ms. Nielson. In fact, she reached rock bottom 16 years ago when she married Marc Gastineau. The handful of New York Jets fans reading this who can remember the early '90s are nodding silently right now.

A Britney Spears reality show is a terrible idea. It means the next time she "forgets" to wear panties, there's bound to be far more sophisticated photographic evidence. Not a good thing, unless you're a trauma counsellor.

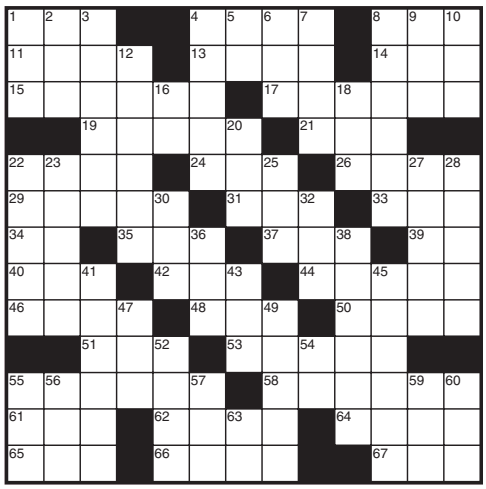
As long as Pete Doherty is giving his soul an overhaul, he should think about getting a complete blood transfusion, as well.

But Ne-Yo, what if you're a celebrity and the only talent you possess is for indulging in bad behaviour? It really is one of the more important philosophical questions of our age. Don't call me crazy. If I'd told you 10 years ago I'd be refuting the ideas of a guy named "Ne-Yo" in print, would you have called me crazy then?

NEWSDESK@METRONEWS.CA

A royal premiere
The next installment in the Harry Potter film franchise has been chosen to feature at this year's Royal Film Performance.
Harry Potter And The Half-Blood Prince will have its European premiere in November in front of a member of the U.K. royal family. IMDB.COM

Take Five



Crossword down

1 Low-lying clouds
2 NW state
3 Mississippi port
4 Valleys
5 Egyptian sun god
6 Advantages
7 Sedaka or Simon
8 Winter apple
9 Hobby ender
10 Princess Di's niece
12 Tenderfoot
16 Scale note
18 Cartoon mice — and Meek
20 Gloomy
22 Perhaps
23 Spoken
25 Hull sealant
27 Bread ingredient
28 Markdowns
30 Famous cathedral town
32 Tierra — Fuego
36 Boastful knight
38 Medieval tenant
41 Rain forest parrots
43 Kitchen item
45 Snuck a look
47 Clean the floor
49 Roused up
52 Kennel noise
54 Startled cry
55 Frat letter
56 L-o-n-g time
57 Female antelope
59 — had it!
60 Close kin
63 "10" actress

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Crossword across

1 Little lie
4 Toothy smile
8 Curved bone
11 Thor's father
13 Bowling alley part
14 Employ
15 Aplenty
17 Brief snooze
19 Roast cookers
21 Guitarist — Paul
22 Ankle-length
24 Took a break
26 Janitor's need
29 Mrs. Kramden
31 Informal parent
33 Asian export
34 Hey!
35 Caribou kin
37 Race the engine
39 Singer — Jolson
40 Mooch
42 Mouth, slangily
44 Slip back
46 Party cheese
48 Swerve off course
50 Arms the alarm
51 Demure
53 Rodeo gear
55 Enjoyed, as benefits
58 Tan slacks
61 Practical question
62 Hoop's place
64 Name in blue jeans
65 Come- — (lures)
66 Feudal serf
67 Society girl

previous day's answer

P	S	S	T		F	O	E		M	A	R	E
A	L	O	E		L	A	X		E	G	O	S
H	A	L	L		A	R	C		L	O	B	S
	W	O	L	F	S		L	A	D			
			A	H	E	A	D		E	B	B	
	G	R	A	N		B	I	Z	A	R	R	E
M	O	O	D		R	O	M		M	I	E	N
C	A	L	D	R	O	N		E	Y	E	D	
I	L	L		T	O	Y	E	D				
			P	E	T		A	S	C	O	T	
J	O	K	E		E	G	G		A	K	I	N
I	D	O	L		R	A	E		F	R	E	E
M	E	A	T		S	I	R		E	A	S	T

Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
A genius engages you in a discussion. Someone in crisis makes flippant remarks. Weird coincidences are due to drastic changes.

TAURUS ♉
APRIL 21-MAY 21
A stagnant situation appears to be shifting. Simply paying attention to a problem will fix it. A mediator will make changes in policy.

GEMINI ♊
MAY 22-JUNE 21
A man presents a bizarre challenge. You must employ self-imposed restrictions. Get what you need to proceed.

CANCER ♋
JUNE 22-JULY 22
Someone's nerves are near the breaking point. Temporary barriers will dissolve. A sensual man makes advances toward a woman.

LEO ♌
JULY 23-AUG 23
An enemy wants to burn bridges. Arguments about self-indulgence will disgust you. Phone calls are more effective after lunch.

VIRGO ♍
AUG 24-SEPT 22
Remain calm if lousy luck hits. Something radically changes your opinion. Somebody is stuck repeating old patterns.

LIBRA ♎
SEPT 23-OCT 23
An unapproachable guy wants attention. Love shakes your soul to its foundation. A stranger knocks on the door.

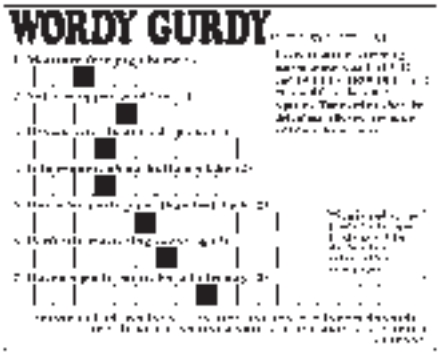
SCORPIO ♏
OCT 24- NOV 22
Delete all secret information from your mind. Someone will compliment you. Tone down somebody's hostile approach.

SAGITTARIUS ♐
NOV 23- DEC 21
Take care to explain yourself thoroughly. Clouds will show their silver linings. Don't get exasperated while traveling.

CAPRICORN ♑
DEC 22-JAN 20
A playmate wants you to take charge. Confusion may disrupt someone's carefully laid plans. A visitor isn't as bad as feared.

AQUARIUS ♒
JAN 21-FEB 18
People praise your ability to get along with others. Believe in yourself and you will make it. A special situation gets on your nerves.

PISCES ♓
FEB 19-MAR 20
Compliment a love-struck girl on her appearance. Insist on carrying out a revolting obligation. Construction will slow travelers.



This day in history

JULY 30, 781: The oldest recorded eruption of Mt. Fuji (Traditional Japanese date: July 6, 781).
JULY 31, 1741: Charles Albert of Bavaria invades Upper Austria and Bohemia
JULY 31, 1790: First U.S. patent is issued; granted to inventor Samuel Hopkins for a potash process.
JULY 31, 1951: Japan Airlines is established.
JULY 31, 1976: Viking program: Viking 1 — NASA releases the famous Face on Mars photo.
JULY 31, 1981: 42-day strike of Major League Baseball ends in the United States.
JULY 31, 2006: Fidel Castro hands over power temporarily to brother Raúl Castro. This leads to a celebration in Little Havana.

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metronews.ca
metro
Do it daily.

Sudoku

					7		8	
2	5				1	3		
	1		4			2		
	9			2	6		1	
6								8
	4		5	7			9	
		5			9		3	
		9	1				5	7
	8		6					

HOW TO PLAY SUDOKU:
The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

1	6	8	5	7	9	2	4	3
5	2	9	1	4	3	6	8	7
3	7	4	6	2	8	1	5	9
4	3	6	9	5	2	8	7	1
7	8	2	3	1	6	4	9	5
9	1	5	4	8	7	3	2	6
2	9	1	8	3	5	7	6	4
8	5	3	7	6	4	9	1	2
6	4	7	2	9	1	5	3	8

SUDOKU SOLVE TIME IN MINUTES:
Under 13. . . . . Genius
13-17 . . . . . Scholar
17-21. . . . . Smart
21-25. . . . . Not bad
25+ . . . . . Keep practising
more games metronews.ca

Ottawa weather

Afternoon	Tonight	Friday	Saturday	Sunday
40%			70%	60%
Thunder-showers. 25°	Partly cloudy. 16°	Variable. 25°/16°	Showers. 24°/17°	Showers. 24°/16°

The Weather Network theweathernetwork.com

Temperature
Normals
High: 26.1°
Low: 15.1°

Records
High: 33.9°/1955
Low: 7.8°/1978

Sunrise: 5:46 a.m.
Sunset: 8:30 p.m.
Moonrise: 4:27 a.m.
Moonset: 8:17 p.m.

TWN incorporates MSC data

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